



Sample Schedule*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:25 a.m.	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Sleep in!	Sleep in!
7:45 a.m.	Work Crew	Work Crew	Work Crew	Work Crew	Work Crew		
8:00 a.m.	Morning Meeting	Morning Meeting	Morning Reflection	Morning Meeting	Morning Meeting		
8:30 a.m.	Urban Core Class – <i>History of the Lower East Side</i>	<i>Math homework & laundry</i>	Urban Core Class <i>Immigration & Literature</i>	<i>Urban Core homework</i>	Advisor Check-In	Breakfast <i>(optional)</i>	Breakfast <i>(optional)</i>
9:30 a.m.	A Block	A Block	B Block	A Block	<i>Study for Spanish presentation</i>	Urban Core: Preparing for today's trip	More sleeping!
10:30 a.m.	B Block	Urban Core: Preparing for today's trip		Urban Core: Preparing for today's trip	B Block		
11:30	Lunch	Lunch	Lunch	Lunch	Lunch	Brunch	Brunch
12:00		Urban Core NYC: Exploration of the Lower East Side & Immigration	Urban Core Class – <i>History of the Lower East Side</i>	Urban Core NYC: Meet with Author Mira Jacob, <i>Sleepwalker's Guide to Dancing</i>	Urban Core Class – <i>Transportation Systems</i>		
12:30	Urban Core Class – <i>Immigration & Literature</i>					Urban Core Class – <i>Immigration & Literature</i>	
1:30	Urban Core Class – <i>Sleepwalker's Guide to Dancing</i>		Urban Core Class – <i>Sleepwalker's Guide to Dancing</i>		Urban Core Class - <i>Immigration & Literature</i>		
2:30	Urban Core Class – <i>Transportation Systems</i>		Community Activity		Urban Core Class – <i>History of the Lower East Side</i>		
3:30	<i>Walk to town for frozen yogurt!</i>		Free Time – Hang out with friends!		Free Time – Hang out with friends!		
4:30							
5:30	Dinner on Campus	Dinner on Campus	Dinner on Campus	Dinner on Campus	Urban Core NYC: Dinner and Photography in Astoria, Queens	Dinner and a street fair in the city with friends!	Dinner on Campus
6:30	<i>Gym Time, homework, call home</i>	<i>Basketball with friends, work on group project</i>	<i>Homework and celebrate a friend's birthday!</i>	<i>Gym Time and homework</i>		<i>Dinner and a street fair in the city with friends!</i>	Homework
11:00	Bedtime!	Bedtime!	Bedtime!	Bedtime!	Bedtime!	Late Bedtime <i>(by 12:30)</i>	Bedtime!

* Schedules vary based on course selection and student interests. The Urban Core is an interdisciplinary classes that explores about 12 projects/topics over the course of the term. The Urban Core classes below are examples of the types of projects/topics students explore at CITYterm.